Aroostook

OFFICIAL TRAVEL GUIDE



Dear Traveler

Thank you for your interest in Aroostook County, Maine! Throughout this guide you will discover places to stay and eat, along with many other activities that occur in The County during our spectacular four distinct seasons. Whenever your trip, Aroostook County offers umatched beauty and relaxation for all.

Thank you again for your interest in Aroostook County and we look forward to your being able to experience the best that Maine has to offer.

Sincerely,

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VisitAroostook.com

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COUNTY TOURISM

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Uudy Dinsphore Office Manager, Aroostook County Tourism



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QR code reader app.



Rind Your Way

No matter where your journey to Aroostook County begins, rest assured that the destination is well worth the trip.

As big as Connecticut and Rhode Island combined, Aroostook County has some fun stats for you numbers people.

The County is nearly **90 percent** covered by forest, home to over **2,000** lakes, intertwined with **2,300** miles of snowmobile and ATV trails, over **200,000** acres of tillable farmland, and over **60** museums and historical societies to teach you all about it.



Getting to Aroostook

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Dark Skies in Aroostook

Experience some of the best conditions for dark sky viewing in the eastern United States.

Want to see the Aurora **Borealis for** yourself?

Why Aroostook?

You don't have to book a trip to Iceland to see the Northern Lights yourself. Aroostook County is an ideal destination due to its exceptionally dark skies, thanks to minimal light pollution and its remote, sparsely populated location. The area's clear, cool air and low humidity provide excellent visibility, particularly during the fall and winter months.

Best Times of Year

Fall (September to November): September and October offer a good chance of seeing the aurora borealis due to increased geomagnetic activity around the equinoxes. Fall often has clear skies, which are essential for viewing the aurora.

Winter (December to February): The longer nights and increased darkness during winter provide more opportunities to see the aurora. While it can be very cold, the clear winter skies can be ideal for aurora viewing.

Wide Views

Popular viewing spots like Aroostook National Wildlife Refuge and Big Rock Mountain offer wide, unobstructed views of the night sky, perfect for seeing the occasional Northern Lights.

PHOTO BY PAUL CYR

PHOTO BY PAUL CYR

PHOTO BY PAUL CYR

Stargazing

The opportunities to stargaze have become increasingly rare in the modern world. While Aroostook County doesn't have any formally designated Dark Sky Parks, as part of the International Dark-Sky Association (IDA), it features several natural areas that are prized for their dark skies and minimal light pollution, making them ideal for stargazing.

1. Aroostook National Wildlife Refuge

This refuge offers open spaces and minimal artificial lighting, creating a pristine environment for stargazing. It's home to diverse wildlife, adding a natural element to your nighttime experience.

2. Mars Hill Mountain

Mars Hill Mountain provides elevated views and reduced light interference from nearby towns, making it a popular spot for observing meteor showers and other celestial events.

3. Deboullie Public Reserved Land

Known for its rugged beauty and pristine conditions, it's a perfect place for stargazing, especially during clear nights when the Milky Way is visible.

PHOTO BY PAUL CYR

PHOTO BY PAUL CYR

Stargazing Tips

Check Weather Conditions: Clear skies are essential for stargazing, so check the forecast before planning your trip. Bring the right gear: Binoculars or a telescope can enhance your experience. Dress warmly, as temperatures can drop significantly at night.

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The 2024 **Solar Eclipse**

Watch some highlights!



PHOTO BY PAUL CYR

MANS



e road for breathtaking views folling hills, dense forests, ranquil lakes, and picturesque farmlands.



The St. John Valley/Fish Route River Scenic Byway is a picturesque route capturing Digital the essence of the region's map and cultural and natural beauty. This 92-mile byway follows the St. John River, which forms the border between the United States and Canada, providing stunning views of rolling farmland, dense forests, and the river itself.

The St. John Valley is rooted in Acadian history, as the area was settled by Acadians who were displaced during the Great Expulsion in the 18th century. The cultural influence of these early settlers is evident in the language, cuisine, and traditions that are still prominent in the valley today.

In addition to its cultural significance, the St. John Valley Scenic Byway offers breathtaking views of the natural landscape. The route is particularly stunning during the fall, when the foliage turns vibrant shades of red, orange, and gold.

PHOTO BY DESCHAINE DIGITAL

St. John Valley/ **Fish River National Scenic**



highlights.

Beginning in the town of Dickey, this route winds through several historic communities, including Allagash, St. Francis, Fort Kent, and Madawaska, before ending in Hamlin. Along the way, travelers can explore landmarks like the Fort Kent Blockhouse, a historic site dating back to the Aroostook War, and the Acadian Village in Van Buren, which offers insights into the rich Acadian culture that defines much of the area.



Pine Tree Trail Historic Byway

The Pine Tree Historic Trail offers a rich exploration of the region's history, focusing on the legacy of early settlers and the industries that shaped the area. Established to commemorate Maine's bicentennial, the trail highlights the timber and agricultural industries, particularly the significant role of the logging industry and potato farming.

The route begins in Houlton and passes through towns like Presque Isle, Caribou, and Fort Kent, featuring key historical sites, museums, and landmarks from the Aroostook War and the county's development. This scenic trail provides a meaningful journey through the historic and cultural heritage of Northern Maine.

N

Baxter State Park & Katahdin Woods and Waters National Monument

Katahdin Woods and Waters National Scenic Byway

The Katahdin Woods and Waters National Scenic Byway is an 89-mile route in northern Maine that showcases the natural beauty of the region.

Starting in Medway and passing through East Millinocket, Millinocket, and Patten, the byway offers stunning views of Mount

Katahdin, the East Branch of the Penobscot River, and the surrounding North Woods. Highlights include access to Baxter State Park, Katahdin Woods and Waters National Monument, and the International Appalachian Trail, offering opportunities for hiking, fishing, and wildlife watching.

Historically, the area is tied to the Penobscot Nation and was central to Maine's logging industry. The byway also commemorates conservation efforts that led to the establishment of the Katahdin Woods and Waters National Monument in 2016.





PHOTO BY DESCHAINE DIGITAL

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Refresh Yourself

Aroostook County is home to some great local breweries and wineries that offer refreshing stops as you explore the scenic byways and outdoor adventures of the region.

First Mile Brewing Co. in Fort Kent serves up craft beers with a local twist, perfect after a scenic drive along the St. John Valley. Northern Maine Brewing Company in Caribou offers both delicious brews and hearty food, making it a cozy stop after visiting nearby attractions like Aroostook National Wildlife Refuge. If it's wine you're after, Hidden Springs Winery offers visitors a chance to enjoy locally crafted wines in a serene countryside setting.



Restaurants

Find some food along your trip.







As craft brewing has gained popularity, some local farms have started to grow hops to supply breweries in the area and beyond. Aura Mills is famous for its sustainable organic farming practices and high-quality barley and wheat, which are prized by brewers for their rich aroma and flavor.

Aroostook Hops produces robust hop strains suited to Maine's climate and offering tours of their farm, and Maine Malt House provides locally grown and malted barley that enhances the flavor of regional brews.

PHOTO BY HIDDEN SPRINGS WINERY

Your Public Lands Checklist



Aroostook **State Park**

Located near Presque Isle, Maine's first state park offers hiking, camping, fishing, and boating, with trails providing scenic views of Echo Lake and surrounding forests.

Deboullie Public Reserved Land

Near Portage Lake, this remote area features rugged terrain, hills, ponds, and forests, ideal for hiking, camping, fishing, and paddling, with trails leading to scenic overlooks.



Bible Point

A peaceful and reflective experience where you can explore the natural beauty that inspired President Theodore Roosevelt during his visits.















Fish River Chain of Lakes

This series of interconnected lakes, including Eagle Lake, is great for fishing, boating, and camping, with public access points offering easy entry to the lakes and surrounding natural beauty.



region of Maine. The lake is on the Northern Forest Canoe Trail.

Haystack Mountain

Enjoy a short, scenic hike with rewarding panoramic views of the surrounding forests and rolling landscapes

South of Presque Isle, Scopan offers forested hills and wetlands, popular for hiking, birdwatching, snowmobiling, hunting, and fishing.

Umsaskis Lake

Umsaskis Lake is a lake on the Allagash River in the North Maine Woods

Katahdin Woods and Waters National Monument

A U.S. national monument spanning 87,563 acres of mountains and forestland in northern Penobscot County, Maine.



Scopan Public Reserved Land

Aroostook National Wildlife Refuge (NWR) is located on part of the former Loring Air Force Base. It offers a rare chance to explore pristine northern Maine wilderness, where you can observe diverse wildlife in their natural habitat.



A Quick Guide to Wildlife

Encountering the wildlife of Aroostook promises a deeper connection to the natural world.

Make the Most of Winter

Are you the type to embrace the colder months?

With its vast landscapes and wide array of winter sports available, this region becomes a playground for winter enthusiasts.

The region is particularly renowned for its extensive network of trails and facilities dedicated to skiing, snowmobiling, and snowshoeing. Bigrock Mountain in Mars Hill is a focal point for alpine skiing, providing slopes that cater to all skill levels, from beginner to advanced. For those who prefer Nordic skiing, the Nordic Heritage Center in Presque Isle is a world-class facility that attracts both recreational skiers and competitive athletes. The center offers miles of meticulously groomed trails, designed for classic and skate skiing, as well as biathlon facilities, making it a hub for winter sports in the region.

Snowmobiling is also a major attraction, with over 2,300 miles of well-maintained trails that are part of Maine's Interconnected Trail System. These trails, maintained by local snowmobile clubs, offer safe and scenic routes through forests and fields. Aroostook County's robust winter sport infrastructure, combined with its natural beauty and community support for outdoor recreation, makes it an ideal destination for anyone looking to make the most of winter in Maine.

For the winter enthusiast

Your Winter Playground



Whether you're a seasoned skier looking for a challenge or a beginner seeking serenity on groomed trails, our winter landscape is ideal for experiencing the quiet beauty and exhilarating freedom of Nordic skiing in Maine's northern frontier.

Top Nordic Ski Trails

The Nordic Heritage Center Fort Kent Outdoor Center Aroostook State Park Four Season Trail Association Aroostook National Wildlife Refuge Riverfront Park Trail



Snowshoeing

Snowshoeing is the perfect way to explore the region's untouched winter beauty at a slower pace. Traverse the serene trails of the Aroostook State Park, or take in the stunning views around Nordic Heritage Center in Presque Isle, where snowshoe trails meander through quiet forests and rolling hills.

Alpine Skiing

Great for those who enjoy alpine skiing without the hustle and bustle of larger, more commercialized resorts, Aroostook has a few great spots providing scenic views and a local vibe typical of the County.

Bigrock Mountain in Mars Hill, which features 35 trails, a 980-foot vertical drop, night skiing, rentals, and lessons, caters to both families and advanced skiers. Lonesome Pine Trails in Fort Kent is a smaller, community-oriented ski area with 10 trails, a T-bar lift, and rope tow, perfect for beginners and intermediates looking for a relaxed, scenic experience without the crowds.

Ice Fishing

Ice fishing in Aroostook County offers a peaceful and unique way to enjoy the winter wilderness. The county's frozen lakes and ponds, like Eagle Lake and Long Lake, are prime spots for catching trout, salmon, and perch. The allure lies in the quiet, scenic surroundings, camaraderie with fellow anglers, and the thrill of pulling a fish through the ice. It's a classic Northern Maine tradition that combines relaxation with a touch of adventure in the heart of winter.

Snowmobiling

When it comes to snowmobiling, we always say "you just need to come here once". With over 2,300 miles of groomed, interconnected trails that wind through breathtaking forests, rolling hills, and frozen lakes, Aroostook offers some of the best riding in the Northeast. Known for 120" of annual snowfall, uncrowded trails and warm hospitatlity The County is a snowmobiler's paradise.

Long Rides

Aroostook County's snowmobile trails are known for their exceptional quality. The trails are meticulously groomed by local clubs and volunteers, ensuring smooth, safe riding conditions throughout the season. Collaboration between snowmobile clubs, local businesses, and government agencies ensures well-funded, well-marked, and well-maintained trails. Being part of Maine's Interconnected Trail System (ITS), the county offers access to an extensive network that allows for long, uninterrupted rides.

The region's reliable snowfall provides consistently good trail conditions and extends the snowmobiling season. With well-developed infrastructure, including rest stops and access to fuel, food, and lodging, the trails are both practical and enjoyable. Those local snowmobile clubs also bring decades of expertise (and a warm spot for a cup of coffee), ensuring that the trails are planned, maintained, and adapted to deliver an unparalleled experience for riders. Check out our six can't miss snowmobiling destinations on the next page!



Ghost Trains

Located in the North Maine Woods off ITS 85, the abandoned locomotive cars once used for hauling lumber in the great Northern woods make for a fascinating destination for snowmobilers. In winter, this trail is only accessible via snowmobile and is a solid day trip. Begin your journey in Ashland and be sure to bring extra gas and food as there are no trailside services on this route.

International View

Frenchville, 81 B off ITS 85. Nestled in the St. John River Valley, the International View trail features open fields, forests, lakes, rivers, sprawling views, and an abundance of wildlife as you face toward the Canadian Border the 'Camp Star Barn' on the Roussel Trail.

Loring Airforce Base

Limestone, 100B off ITS 81. Loring AFB is one of the largest SAC bomber bases of the Cold War. The mostly abandoned Loring AFB and Arch Hangar is a history buff's dream, and what better way to explore the facility than by snowmobile?

Number 9 Mountain Tower

Bridgewater, 70A between ITS 81 and ITS 83. The County is primarily a rolling flat land with various high points. This is one of the few peaks in Aroostook County that is accessible by snowmobile - the views spill over a patchwork of forests and fields.

Infinity View

Littleton, ITS 86. Whether you're a seasoned rider or new to the sport, the Infinity View Trail is a great way to thrash through the massive expanse. The view has not been formally measured but is estimated you can see a straight line of ITS for about 1.5 miles.

Border Trail

Caswell, ITS 81. This well-marked and scenic trail takes riders directly along the US and Canadian border. Three foot tall granite markers dot the path. A passport and Canadian snowmobile permit is required to cross.



ITS Connector Tra

Local Club Trails
Ungroomed Trails

US Routes

State Routes Trail Junction

Interstate Hwy Exits Park & Ride

302 P

Snowmobile Registration

Maine residents can renew snowmobile registrations online, but new registrations must be done through a registration agent or the MDIFW office in Augusta. Nonresidents can register or renew online.

Registration fees:

Resident: \$56

Nonresident: 3-day: \$75 10-day: \$100 Full season: \$120

After registering, you'll receive a confirmation page to use immediately, with official registration and stickers arriving within 30 days. Registrations can also be obtained through licensing agents or by mail.

Register online at: www.maine.gov/ifw







Digital Map

Including snowmobile club listings and quick travel references.

Signature Events

Aroostook County hosts a variety of winter events that celebrate the region's snowy landscape and vibrant community spirit. Signature events include the Can-Am Crown International Sled Dog Race (Fort Kent), the SnowBowl (Caribou), Fort Kent Winter Carnival (Fort Kent), and the Moosestompers Winter Carnival (Houlton). These events offer a mix of sports, community festivities, cultural events, and traditional winter activities.



Can-Am Crown **International Sled** Dog Race

Ice Fishing Derbies

Ice fishing derbies are vibrant, communityfocused events, drawing anglers to compete on frozen lakes like Long Lake, Eagle Lake, and Square Lake. Participants vie for prizes by catching the largest or most fish, with categories often including trout, salmon, and perch. These derbies combine competition with festivities, featuring family-friendly activities such as barbecues and raffles, and often contribute to local conservation efforts through fundraising and promoting sustainable fishing practices.



SnowBowl

The SnowBowl, hosted at Spud Speedway in Caribou, is a multi-day winter festival featuring Northeast SnoCross racing, a Rave-X stunt show with snowmobile tricks, and a variety of other activities including a vintage snowmobile show, a groomer rodeo, and snowmobile demos. The event also offers guided snowmobile rides through historic sites, complemented by local food trucks, a beer garden, and live music, making it a festive gathering for winter sports enthusiasts and families.



TO BY CHRISTO

Winter Events

These events celebrate the region's culture, heritage, and natural beauty.

Waters

Discover the thrill of spring paddling, where the melting snows swell rivers and streams.

As the ice recedes...

Paddling on the Allagash Wilderness Waterway in the spring is a transformative experience that showcases Maine's rugged wilderness at its most vibrant. As winter's grip loosens, the Waterway's 92-mile length, stretching through remote forests and alongside serene lakes and swift-flowing rivers, comes alive. Spring paddlers are often treated to the sights and sounds of the wilderness reawakening, with migrating birds returning and moose frequently spotted along the shores. The spring thaw also raises water levels, offering smoother paddling and the opportunity for some exhilarating rapids in certain sections.

Navigating the Allagash in the spring does require some preparation due to the variable conditions. Water temperatures can be very cold, and the weather can change rapidly. However, the challenge is part of the appeal, giving adventurers a sense of solitude and communion with nature that's hard to find elsewhere. Canoeists and kayakers can explore historic sites along the waterway, like old logging camps and trapper huts, adding a touch of historical intrigue to their journey. This season is perfect for those who appreciate the quiet beauty of the North Maine Woods and the thrill of an early season paddle.



Experience Spring



Hiking

Spring hiking in Aroostook County features trails that wind through awakening forests and past serene waterways. Aroostook State Park offers trails with views over Echo Lake, while the more secluded Deboullie Public Reserved Land provides rugged paths and pristine lake scenery. This is the season for enjoying the fresh, floralscented air and observing wildlife as nature rejuvenates.





Fishing

Spring fishing thrives as waters warm and fish such as brook trout and arctic char become active.

Local sporting camps such as Libby, Red River, and Chandler Camps enhance the experience by offering guided fishing, accommodations, and expert advice, ensuring anglers have access to the best spots in the region's pristine wilderness.

Events

Aroostook celebrates spring with several engaging events. The Spring Craft Fair and Fiddlehead Festival in Presque Isle spotlight local crafts and the cherished fiddlehead fern season with crafts, food, and outdoor activities including a river race and 5K run. The Aroostook Sportsman's Spring Show, also in Presque Isle, caters to outdoor enthusiasts with exhibits on fishing, hunting, and conservation. These events not only highlight the county's cultural and natural assets but also bring the community and visitors together to enjoy the season.

Spring also kicks off a host of exciting canoe races. You can check them out at the QR below!

Ald Town



PHOTO BY CHRIS SHANE



Canoe Races

Explore some of the upcoming races!

Start Your Summer off Right

rom hiking and biking through lush forests and rolling hills to attending the famous Potato Blossom Festival, Aroostook provides a serene escape with the warm welcome of small-town charm. Cycling in Aroostook County, Maine, offers a diverse and scenic experience for both casual and serious cyclists. The area is known for its vast landscapes, ranging from rolling agricultural fields to dense forests, providing a serene and inviting backdrop for bike rides. The relatively low traffic on rural roads coupled with challenging terrain in some areas makes Aroostook a favored destination for cycling enthusiasts.

USBR 501 Highlights

Presque Isle

Start your ride in Presque Isle, where you can explore Aroostook State Park. Enjoy scenic trails, picturesque views of Echo Lake, and opportunities for picnicking, making it an ideal beginning for your cycling adventure.

Fort Kent

Ride through Fort Kent to visit the historic Fort Kent Blockhouse. Take in panoramic views of the St. John River, learn about the region's role in the Aroostook War, and enjoy the rich cultural heritage of this charming border town.



One of the highlights of cycling in Aroostook County is the U.S. Bicycle Route 501 (USBR 501). This route is part of a developing national network of bicycle routes that connect urban and rural areas across the U.S. USBR 501 in Maine traverses through Aroostook County, offering cyclists a well-mapped and marked route. It passes through key communities and scenic areas, showcasing the natural beauty and cultural heritage of northern Maine. This route provides cyclists with a safe, scenic, and direct path across varied landscapes, making it ideal for longer rides and touring.

Houlton

Ride in the Houlton area for mostly flat riding with huge sky views and charming farm land scenery.

Madawaska

Head to Madawaska, a center of Acadian culture. Explore the Acadian Village, savor local Acadian cuisine, and immerse yourself in the vibrant traditions and history that define the area. The scenic landscapes and welcoming community make Madawaska a memorable stop on your journey.



Bike Routes

View all 38 mapped routes in the region.

Golf

Golf in Aroostook County, offers a tranguil and picturesque setting for golfers of all skill levels. The County's cool summer climate makes for ideal golfing conditions, where players can enjoy long, leisurely rounds under expansive skies. Additionally, the less crowded courses ensure a peaceful game without the rush.



Caribou County Club Portage Hills Country Club Va Jo Wa Golf Course Fort Kent Golf Club Long Lake Country Club Limestone County Club Aroostook Valley Country Club **Houlton Community Golf Course**



Golfing Resources

Mars Hill Country Club

One of Northern Maine's best kept secrets is right in Mars Hill. The Mars Hill Country Club is located at the base of Mars Hill Mountain, one of the most picturesque areas of Northern Maine.

Presque Isle Country Club

A scenic and challenging 18hole golf course, providing a premier golfing experience surrounded by the natural beauty of northern Maine.

Aroostook's Most Colonfu Caso

Experience the vibrant tapestry of fall colors in Aroostook, where the crisp air and brilliant foliage of over 65 native tree species create a breathtaking backdrop for outdoor adventures.



ATVing in Aroostook County during the fall is a particularly captivating experience, as riders traverse through landscapes painted with the hues of autumn. The region has an extensive network of ATV trails, making it a favorite among enthusiasts for its variety and scenic beauty. Some of the more popular trails and destinations include:

The Aroostook Valley Trail connects to several other major trails and offers a mixed scenery of forests, farmlands, and river views. It's perfect for experiencing the changing colors of the fall foliage.

The Bangor and Aroostook Trail is known for its historical significance. This trail follows the old railroad routes offering a journey through time with beautiful natural surroundings that become especially picturesque during autumn.

Deboullie Public Reserved Land is not exclusively for ATVs, but the area around Deboullie is accessible for riders and is renowned for its stunning natural features, including remote lakes and rugged terrain amidst the fall colors.

These trails not only offer great rides but also connect to local communities where riders can enjoy hospitality and services tailored to ATV visitors. The cooler fall weather provides comfortable riding conditions, and the lesser crowds compared to summer make it an ideal time to explore the wilderness of northern Maine on an ATV.

Painted Trails

Foliage Tips

For the best fall foliage experience, plan your visit for late September to mid-October. Early morning or late afternoon light enhances photography opportunities. Stay updated with local reports for peak colors and be flexible with plans to capture the most stunning scenes. Peak folliage starts in the northwest corner of Aroostook and works its way southeast daily. This means if you move with it, you can get peak foliage for 3-4 days! It's better to be early to view the leaves rather than late, so check with a local chamber for the most up-to-date foliage report.

Aroostook State Park

Near Presque Isle, this park offers vibrant fall views from Quaggy Jo Mountain.

Haystack Mountain

A short hike near Castle Hill leads to stunning panoramic views of the colorful autumn countryside.

Scopan Public Reserved Land

Near Ashland, this area features trails and Scopan Lake, where the fall foliage reflects beautifully on the water.

Million Dollar View Scenic Byway

Breathtaking panoramas of vibrant foliage, rolling hills, sparkling lakes, and Katahdin offering travelers an unforgettable autumn drive.







Foliage Tracker

These reports represent the official word on foliage conditions in Maine.

This route is ideal for a scenic drive, stretching from Fort Kent to Patten. It winds through classic northern Maine landscapes, offering expansive views of the colorful fall

Signature Events

Attending events during the fall offers a unique opportunity to experience the region's vibrant community spirit against the backdrop of stunning autumn landscapes.

The fall season brings crisp, clear weather and a breathtaking display of foliage, adding to the enjoyment of local festivals, cultural events, craft fairs, and outdoor activities.

Annual Metaksonekiyak Community Days



Crown of Maine Balloon Fest



Crown of Maine Balloon Fest

While it technically kicks off the fall season, it's a major highlight of the region.

This festival draws thousands of visitors with its hot air balloon launches, tethered rides, and a stunning balloon glow at dusk. Along with the balloon activities, the event features craft fairs, live music, and food vendors. The festival is a beloved tradition, marking the transition from summer to fall with the colorful spectacle of balloons.

Oktoberfest



As the region celebrates the harvest season, it's the perfect time to shop locally. Farmers' markets overflow with fresh, locally grown produce, ideal for canning and preserving the flavors of autumn.

РНОТО ВҮ Р

The Harvest Festival in Houlton is a highlight, featuring seasonal foods, crafts, and activities that reflect the area's agricultural richness. Visitors can also explore the annual Craft Fair in Caribou, where talented artisans showcase handmade goods, from knitted items to unique woodwork.



РНОТО ВҮ МІ

Fall Events

These events celebrate the region's culture, heritage, and natural beauty.

Farmers' Markets and Roadside Stands

In Aroostook County, the abundance of fresh produce, farmers' markets, and the culture of roadside stands paint a vivid picture of the region's deep agricultural roots.

> Aroostook is particularly famous for its high-quality potatoes, but local farms also produce a variety of other fresh fruits and vegetables. During the growing season, these farms often set up roadside stands that become a common sight along the county's scenic drives.

Run by local farmers, many from multigenerational farming families, these stands often work on an honor system, reflecting the region's strong community spirit. Buying from these stands connects you directly with the people who grow the food, providing a personal touch and supporting the local economy.

PHOTO BY CHRISTOPHER A MILLS

PHOTO BY REDSUP PHOTOGRAPHY



Presque Isle Farmers Market

One of the most well-known markets in the county, this market operates at Riverside Pavilion, offering a wide variety of local produce, baked goods, and crafts.

Houlton Community Market

Located in Market Square, this market is a hub for fresh vegetables, fruits, and handmade products, drawing both locals and tourists.



Farms

Farms and agriculture in Aroostook.

Camp life has many perks



These dishes represent the heart of Aroostook County and Acadian culinary traditions, offering a taste of the region's rich cultural heritage. Despite the title, a lot of these do include potatoes... Up for a culinary scavenger hunt? See how many of these you can check off on your visit!





Food and Drink

Explore our restaurant listings and start checking these off!





This hearty dish combines a flavorful chicken stew with vegetables, served alongside ployes. It's a comforting meal often enjoyed during the colder months.

Ployes

A traditional Acadian buckwheat pancake, ployes are a staple in Aroostook County. They are typically served with butter, syrup, or cretons (a type of pork spread). Ployes are often eaten with meals or as a snack.

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Jourtière

A savory meat pie made with a mixture of ground pork, beef, or wild game, tourtière is a classic Acadian dish, often served during the holidays but enjoyed year-round.



While more common in the Acadian regions of Nova Scotia, rappie pie has found its way into Aroostook cuisine. It's a grated potato casserole typically mixed with meat or seafood, and baked to golden perfection.

Potato Donuts

Ok, you got us... These have potatos. Made using mashed potatoes in the dough, these donuts have a moist, tender texture and a subtle richness. These slightly denser donuts come in flavors like glazed, cinnamon sugar, and chocolate. Celebrating the region's potato farming heritage, they are popular in local bakeries and at county fairs, offering a unique twist on the traditional donut.

Rappie Pie





Reflecting the region's love for molasses, these cookies are a sweet treat often found in Acadian households. They're soft, spiced, and full of rich molasses flavor, perfect for dessert or with a cup of tea.



This Acadian dish consists of a boiled potato dumpling stuffed with pork and served with molasses or brown sugar. It's a unique combination of savory and sweet, beloved in Acadian communities.

Must Dos and Must Eats



Try a Ploye

A ploye, a traditional Acadian buckwheat pancake, offers a unique, light, and savory taste.





Visit a Sugar Shack

A sweet, authentic experience of watching maple syrup being made and tasting it fresh from the source.







Explore the Solar System

Drive along US Route 1 and see how many planets you can spot! This model stretches 40 miles from the sun at the northern maine museum of science, to pluto at the Houlton visitors center.



Climb Peekaboo Fire Tower





Enjoy the freshest local produce and handmade goods while supporting our vibrant agricultural community.

Rent a Canoe

Explore Aroostook's pristine rivers and lakes at your own pace, and don't forget the life jackets!

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observe a wide array of bird species in their natural habitats, surrounded by the beauty of northern

Spot a

Up here, you can

forests. Keep a close

eye out for owls!

Snowy Owl

Visit a Blockhouse Get a glimpse into the

region's military past with a fascinating look at the structures used during

A delicious combo of crispy fries, rich gravy, and fresh cheese curds that reflect the region's culinary traditions.

Ride in a Hot Air Balloon

It's not the easiest thing to book, but if you can, you'll experience the breathtaking views of the region's scenic landscapes from the sky

Have Poutine for Lunch





Peekaboo Mountain is a great, family-friendly hike to a fire tower where the views are magnificent in all directions.



A Guide to Shopping on **Main Street**

Loring Air Force Base

Discover the hidden history of Loring Air Force Base, a key site in America's Cold War legacy.



A Pivotal Site in History

Explore the fascinating remnants of Loring Air Force Base, a pivotal site in Cold War history, nestled in the northernmost reaches of Maine. Once one of the largest and most critical Strategic Air Command bases, Loring played a key role in national defense. Today, the base stands as a testament to this era, offering visitors a unique opportunity to delve into military history.

The base's most iconic structure, the Arch Hangar, is one of the largest arched-roof hangars in the world. Built to house B-52 bombers and their support equipment, this massive building is a marvel of military engineering, reflecting the scale and importance of Loring during its operational years.





Visitors can explore the vast interior, where the echoes of its bustling past still linger.

Loring also features an extensive network of underground bunkers and storage facilities, once used to house nuclear weapons. These bunkers, hidden beneath the earth, provide a chilling reminder of the Cold War's tensions and the base's strategic importance. Touring these areas offers a rare glimpse into the secretive world of Cold War military operations.

Whether you're a history enthusiast, military buff, or simply curious about this unique piece of American heritage, Loring Air Force Base offers an unforgettable journey into the past.

Its preserved structures and haunting atmosphere make it a compelling destination for anyone interested in exploring a crucial chapter of the 20th century.



Museums and Calturation Evenus



Aroostook County is the largest county east of the Mississippi River, and is known for its rich history and cultural heritage.

Originally inhabited by the Wabanaki tribes, Aroostook County saw European settlement in the early 19th century, with significant influence from French Canadians. The county was the site of the Aroostook War, a border dispute with British Canada, resolved peacefully in 1842. Aroostook became a major agricultural hub, particularly for potato farming, which, along with logging, dominated its economy. Over time, economic shifts led to diversification, though agriculture remains central.

The county retains a strong cultural identity, influenced by its Native American, Acadian, and Irish roots.

PHOTO BY JEFF CLARK

Mawiomi of Tribes

Midsommar Festival

PHOTO BY JEFF

The Midsommer Festival in New Sweden, Maine, is a vibrant annual celebration of Swedish heritage held in late June. Rooted in the traditions of the town's 19th-century Swedish settlers, the festival features traditional music, folk dancing, and the raising of a flower-adorned maypole, symbolizing the joy of summer. Attendees can enjoy Swedish cuisine, including pickled herring and meatballs, while embracing the town's cultural roots in a joyous, community gathering.

Maine Potato Blossom Festival

The Maine Potato Blossom Festival, held annually in Fort Fairfield in mid-July, celebrates Aroostook County's agricultural heritage as a top potato-growing region. The weeklong event features a grand parade, potato-picking contest, agricultural exhibits, a carnival, live music, and the crowning of the Potato Blossom Queen, all ending with a fireworks display.

Additional Cultural Events

Metaksonekiyak Community Day Ploye Festival Mawiomi of Tribes Acadian Festival Victorian Christmas at the Estev

Resources

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For more info on Aroostook County, including seasonal highlights, travel tips, and an information center, go to VisitAroostook.com.

Tourism Hotline 888-216-2463

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Chambers of Commerce

Central Aroostook 207-764-6561 centralaroostookchamber.com

Greater Fort Kent Area 207-834-5354 fortkentchamber.com

St. John Valley 207-728-7000 stjohnvalleychamber.org

Greater Houlton 207-532-4216 greaterhoulton.com

Limestone Area 207-764-6561 limestonemaine.org/chamber

Map Legend



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COUNTY



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Hampton Inn 207-760-9292 768 Main Street, Presque Isle

Bear Paw Inn 207-4425-6241 94 Main Street, Mars Hill

Northeastland Hotel 207-768-5321 436 Main Street, Presque Isle

Caribou Inn and Convention Center 207-498-3733 19 Main Street, Caribou

Russel's Motel 207-498-2567 357 Main Street, Caribou

Crown Park Inn 207-493-3311 30 Access Highway, Caribou

Bunker Inn 207-325-6072 17 Virginia Pl, Limestone

Aroostook Hospitality Inn 207-455-8567 23 Langille Road, Washburn

Overlook Motel 207-444-4535 3232 Aroostook Road, Eagle Lake

Dean's Motor Lodge 207-435-3701 2075 Portage Road, Portage

Martin's Motel 207-728-3395 93 Main Street, Madawaska

Aroostook Hospitality Inn

207-484-6200 95 Main Street, Van Buren

Inn of Acadia 207-728-3402 St. Thomas Street, Madawaska

The Northern Door Inn 207-834-3133 356 W Main Street, Fort Kent

Gateway Motel 207-728-3318 735 Main Street, Madawaska

Long Lake Motor Inn 207-543-5006 596 Main Street, St. Agatha

Four Corners Inn and Suites 207-728-3318 735 Main Street, Madawaska

First Settlers Lodge 207-448-3000 341 US Route 1, Weston

Katahdin Valley Motel -888-500-2418 32 Main Street, Sherman

Brookside Inn 207-757-8456 2277 US-2, Smyrna Mills

Wolastoq Inn and Suites 207-694-0767 672 North St, Houlton

Ivv's Motor Lodge 207-532-6538 241 North Street, Houlton

Shiretown Inn 207-532-9421 282 North Street, Houlton

Campgrounds

Wilderness Pines 207-538-4500 83 West Conroy Lake Road, Monticello

Canadian Border KOA Journey 207-532-6739 659 North Street, Houlton

Arndt's Aroostook River Lodge and Campground 207-764-8677 95 Parkhurst Siding Road, Presque Isle

Birch Point Lodge Campground 207-463-2515 33 Birch Point Lane, Island Falls

Whispering Falls **Campround and Cabins** 207-834-6329 620 Aroostook Road, Fort Kent

Fieldstone Cabins and Rainbow Cove RV Park 207-768-1688 287 Lakeshore Drive, Stockholm

Grand Isle Campground 207-227-1177 288 Main Street, Grand Isle

Lakeview Camping Resort 207-543-6331 10 Lakeview Drive, St. Agatha

Neil E. Michaud Campground 207-769-1951 164 Houlton Road, Presque Isle

Steve's Place 207-769-9109 111 Washburn Road, Washburn

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Museums and Historical Features

A.B. Leavitt House Sherman Mills

Aroostook County Historical and Art Museum Houlton

Boy with the Leaky Boot Pierce Park, Houlton

Hancock Barracks Houlton

Houlton Amphitheater Monument Park, Houlton

Oakfield Railroad Museum Oakfield

Patten Lumbermen's Museum Patten

Southern Aroostook **Agricultural Museum** Littleton

Rest in Peace Museum Island Falls

Ashland Logging Museum Ashland

Benjamin C. Wilder 1852 Homestead and Agricultural Museum Washburn

Blockhouse Museum Fort Fairfield

Caribou Historical Center and Museum Caribou

Caribou Performing Arts Center Caribou

Community Bandstand Fort Fairfield

Covenant Church New Sweden

Double Eagle II Park Presque Isle

Francis Malcolm Science Institute Presque Isle

Friends Church Fort Fairfield

Historic Fairmount Cemetery and Civil War Monument Presque Isle

Larsson-Noak Historic District New Sweden

Louie's Antique Chainsaws Allagash

Loring Military Heritage Center Limestone

Maysville Museum Presque Isle

McElwain House Caribou

McIntosh Schoolhouse Fort Fairfield

Children's Museum of Aroostook County Presque Isle

Nylander Museum Caribou

Presque Isle Air Museum Presque Isle

Railroad Museum Fort Fairfield

Reed Art Gallery UMPI, Presque Isle

Rosie O'Grady Balloon of Peace Monument Caribou

The 1875 Vera Estev House Museum Presque Isle

The Aroostook Band of **Micmacs Museum** Presque Isle

The James School Presque Isle

Thomas Park New Sweden

Tri-Cultural Museum Stockholm

Acadian Archives UMFK, Fort Kent

Acadian Landing and Tante Blanche Museum Madawaska

Acadian Village Van Buren

Blockhouse Museum Fort Kent

Historic Governor Brann Schoolhouse Van Buren

Isaie and Scholastics Martin Acadian Homestead Madawaska

Musee Culturel du Mont-Carmel Lille

Mama Kelly's Allagash Museum Allagash

Historical Societies

Allagash Historical Society 526 Dickey Rd, Allagash

Haystack Historical Society 1565 Main St, Mapleton

Aroostook Genealogical Society 44 Park St, Caribou

Central Aroostook Historical Society US Route 1, Blaine

Caribou Historical Center 1033 Presque Isle Rd, Caribou

Fort Kent Historical Society 3 Market St, Fort Kent

Frontier Heritage Historical Society 18 Community Center Dr, Fort Fairfield

Presque Isle Historical Society PO Box 285, Presque Isle

St. Agatha Historical Society 34 Brook Rd, St. Agatha

Salmon Brook Historical Society 1267 Main St, Washburn

Smvrna-Merril Historical Society 3411 County Rd, Smyrna Mills

Stockholm Historical Society 280 Main St, Stockholm



Children's museuma Areestook County

www.childrensmuseumaroostook.com facebook.com/childrensmuseumaroostook 830 Main Street, Aroostook Centre Mall, Maine 04769

Island Falls Historical Society 16 Nina Sawyer Ln, Island Falls

Madawaska Historical Society, Madouesk Historic **Center and Acadian Cross Historic Shrine** 393 Main St, Madawaska

Maine Acadian Heritage Council

New Sweden Historical Society

116 Station Rd, New Sweden

Woodland Historical Society 1149 New Sweden Rd, Woodland

1875 Vera **Estev House** Museum

hildre **MUSEUM**& Aroostook County Whether you are coming to Caribou, Maine for the first time, returning to your hometown, or looking to relocate, you can find everything you need at cariboumaine.org/visit.





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From special events and festivals to unique Aroostook County experiences, you can find something fun to do all year long.

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Our region holds diverse career pathways in healthcare, finance, forestry, value-add manufacturing, agriculture, and hospitality, as well as several higher education institutions and programs to foster any professional development journey. We are home to great employers, growing companies and a peaceful lifestyle.

Aroostook County offers a high quality of life with a close-knit community, 4 seasons, and easy access to outdoor recreation. We share our northern border with Canada (Quebec & New Brunswick), allowing for quick trips to enjoy large cultural centers and unique experiences.

The County has many affordable homes and abundant land; 5+ acre lots are common in more rural locations. There is ample space for children to roam, outdoor activities, and privacy. The median home value in Aroostook is \$149,000, which is significantly lower than the US House Median Value of \$338,100.

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